



Preliminary Program - Session 1 Saturday 24 January 2014 10.00

Competition name: Swedish Grand Prix 1

Competition place: Uppsala

Organizer: SSF/Uppsala S

Start	Nr	Event	Class	Round	Notes
10:00	1	100m Freestyle Men	M	Heats	
10:11	2	200m Freestyle Women	W	Heats	
10:23	3	50m Breaststroke Men	M	Heats	
10:29	4	100m Breaststroke Women	W	Heats	
10:36	5	400m Medley Men	M	Heats	
10:54	6	100m Butterfly Women	W	Heats	
11:00	7	100m Backstroke Men	M	Heats	
11:08	8	50m Backstroke Women	W	Heats	
11:13	9	200m Butterfly Men	M	Heats	
11:23	10	200m Medley Women	W	Heats	
11:36	11	400m Freestyle Men	M	Heats	
12:02	12	50m Freestyle Women	W	Heats	
12:09	13	200m Breaststroke Men	M	Heats	
12:22	14	800m Freestyle Women	W	Heats	
12:44	15	50m Butterfly Men	M	Heats	
12:51	16	200m Backstroke Women	W	Heats	
13:02		Session End			

Time between heats: 20 secs

Time between relay heats: 60 secs

Time between events: 2 min

Time between relay events: 3 mins

Time for pause: 0 minutes

Time for price ceremony: 10 minutes