

INVITATION

ZOGGS ZWIM

STOCKHOLM



Eriksdalsbadet
7–8 oktober, 2023



P O L I S E N S I M N I N G . S E



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From Head to Zoggs

Our main sponsor Head has changed their name to Zoggs. As a result of this, two of Stockholm's biggest youth swimming competitions, Head to Head and Head Summer Cup, have changed their names to Zoggs Zwim Stockholm and Zoggs Zwim Stockholm - Summer Cup

Welcome :-)

Yoggi Yoggi
Stockholmspolisens IF/Simförening



Stockholmspolisens IF Simförening
www.polisensimning.se



ZOGGSZWiM

STOCKHOLM

Place and time

Eriksdalsbadet (indoor 25m pool) Hammarby Slussväg 20,118 60 Stockholm.
October 7-8, 2023

Entrance (swimmers/spectators)

Free entry via specified entrance at Eriksdalsbadet.

Schedule

Session 1	Saturday, October 7	warm-up 08:00	competition start 09:00
Session 2	Saturday, October 7	warm-up 14:30	competition start 15:30
Session 3	Sunday, October 8	warm-up 08:00	competition start 09:00
Session 4	Sunday, October 8	warm-up 14:30	competition start 15:30

Registration

The registration must be handed in no later than September 25, 2023. Please send you correct lenex file or excel-sheet to info@polisensimning.se. Teams from Norway and Finland can enter swimmers via their national federation system.

Limitation

A maximum of six (6) events per participant for the whole competition. No late registrations.
In order for the sessions not to exceed 3.5 hours, we reserve the right to limit the number of starts.

Startavgifter

Individual start SEK 75

Age groups

- A: 2006 and older
- B: 2007 – 2008
- C: 2009 – 2010
- D: 2011 and younger (mix)

Boys and girls 12 years of age or younger (Class D) will not be ranked by their results in a list.
The results are instead listed together with the swimmers in alphabetical order.

Start/heat/resultatlistor

The start list will be published on [Livetiming](#) no later than one week before the competition. Heat and result lists will be published on the same website and app under the current competition session and will be posted on the wall in the pool area continuously.



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Medals

Age group A,B,C: Medals to top three swimmers in every event.

Age group D: All participants receive a medal. Send a coach to the secretariat to collect all medals for the whole group D team at the same time.

The best Zoggs Zwimmer

Prize money will be awarded to the Top three female and male swimmers as follows:

1st place – SEK 5 000

2nd place – SEK 3 000

3rd place – SEK 2 000

We use the sum of FINA points from the swimmer's top three disciplines to select the winners. The prize money is paid out to the swimmer's club. If the club doesn't want to accept cash prize, we will donate the prize money to the Swedish Cancer Foundation.

Sanction

The competition is sanctioned by the Stockholm Swimming Federation.

Food

A special offer for lunch and/or dinner buffet at the nearby Clarion Hotel Stockholm is available for SEK 205 per person and meal. Make reservations using this [excel-sheet](#) (No later than September 15).

Accommodation (offer)

Clarion Hotel Stockholm

Single room: SEK 1 295/night (inkl.VAT and breakfast)

Double room: SEK 1 495/night (inkl.VAT and breakfast)

[Make reservations](#)

For multi-bed rooms there is a SEK 250 fee per person and night.

See more details and make reservations on [website](#) (No later than September 7).



Stockholmpolisens IF Simförening
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Event schedule:

Changes may occur no later than one week prior the competition. The final document (PM) will be published on our website and sent out to the participating teams.

Saturday

Session 1 (Saturday, October 7, 09.00)

- Event 1: 200 Medley, Girls ABC (Direct Finals)
- Event 2: 200 Medley, Boys ABC (Direct Finals)
- Event 3: 100 Butterfly, Girls ABC (Trials)
- Event 4: 100 Butterfly, Boys ABC (Trials)
- Event 5: 50 Backstroke, Girls ABC (Trials)
- Event 6: 50 Backstroke, Boys ABC (Trials)
- Event 7: 100 Breaststroke, Girls ABC (Trials)
- Event 8: 100 Breaststroke, Boys ABC (Trials)
- Event 9: 50 Freestyle, Girls ABC (Trials)
- Event 10: 50 Freestyle, Boys ABC (Trials)

Session 2 (Saturday, October 7, 15.30)

- Event 11: 400 Freestyle, Girls ABC (Direct Finals)
- Event 12: 400 Freestyle, Boys ABC (Direct Finals)
- Event 13: 100 Butterfly, Mix D
- Event 3: 100 Butterfly, Girls ABC (Finals)
- Event 4: 100 Butterfly, Boys ABC (Finals)
- Event 14: 50 Backstroke, Mix D
- Event 5: 50 Backstroke, Girls ABC (Finals)
- Event 6: 50 Backstroke, Boys ABC (Finals)
- Event 15: 100 Breaststroke, Mix D
- Event 7: 100 Breaststroke, Girls ABC (Finals)
- Event 8: 100 Breaststroke, Boys ABC (Finals)
- Event 16: 50 Freestyle, Mix D
- Event 9: 50 Freestyle, Girls ABC (Finals)
- Event 10: 50 Freestyle, Boys ABC (Finals)

Sunday

Pass 3 (söndag 8 oktober, kl 09.00)

- Gren 17: 200 Freestyle, Girls ABC (Direct Finals)
- Gren 18: 200 Freestyle, Boys ABC (Direct Finals)
- Gren 19: 50 Breaststroke, Girls ABC (Trials)
- Gren 20: 50 Breaststroke, Boys ABC (Trials)
- Gren 21: 100 Backstroke, Girls ABC (Trials)
- Gren 22: 100 Backstroke, Boys ABC (Trials)
- Gren 23: 50 Butterfly, Girls ABC (Trials)
- Gren 24: 50 Butterfly, Boys ABC (Trials)
- Gren 25: 100 Freestyle, Girls ABC (Trials)
- Gren 26: 100 Freestyle, Boys ABC (Trials)

Pass 4 (söndag 8 oktober, kl 15.30)

- Gren 27: 100 Medley, Girls ABC (Direct Finals)
- Gren 28: 100 Medley, Boys ABC (Direct Finals)
- Gren 29: 50 Breaststroke, Mix D
- Gren 19: 50 Breaststroke, Girls ABC (Finals)
- Gren 20: 50 Breaststroke, Boys ABC (Finals)
- Gren 30: 100 Backstroke, Mix D
- Gren 21: 100 Backstroke, Girls ABC (Finals)
- Gren 22: 100 Backstroke, Boys ABC (Finals)
- Gren 31: 50 Butterfly, Mix D
- Gren 23: 50 Butterfly, Girls ABC (Finals)
- Gren 24: 50 Butterfly, Boys ABC (Finals)
- Gren 32: 100 Freestyle, Mix D
- Gren 25: 100 Freestyle, Girls ABC (Finals)
- Gren 26: 100 Freestyle, Boys ABC (Finals)





Welcome!