# SWIM OPEN
# STOCKHOLM
## March 30 - April 2 2016

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Eriksdalsbadet Stockholm

€ 80 000 prizemoney

e·on

arena

Swedish swimming Federation
Heliosgatan 3
S-120 30 Stockholm
+46-10-476 53 00

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# SWIM OPEN STOCKHOLM

revised edition

The Swedish Swimming Federation has the honor to invite you to the first Swim Open Stockholm, Sweden.

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|---|---|
| **Location:** | Eriksdalsbadet, 50 m pool, 10 lanes (finals 8 lanes) |
| **Rules:** | The competition is approved as a qualifying event to the Olympic Games in Rio 2016 and will be conducted under FINA rules. |
| **Competition times:** | Heats: 9.30, A-finals: 18.00 B- & C-finals: Friday 16.00, 16.30 all other days |
| **Warm up:** | 08.00 – 09.15 and 14.30 – 16.15 in the competition pool<br>25 m pool from 08.00 – end of competition, in selected lanes |
| **Training:** | Tuesday March 29: 12.00 – 18.00 in 50 m pool |
| **Entries:** | Closing date for entries is 4 March 2016. Use attached LENEX-entry file.<br>Qualification period: 2015-01-01 to 2016-03-03 in 25m or 50m pool.<br>Note: Entry times from 50 m pool will be seeded ahead of times from 25 m pool. In the 800 &1500 freestyle 25 m times will be converted to 50 m times. |
| **Qualifying times:** | A swimmer qualified in one event will be given the opportunity to compete in more events if space allows. |
| **Entry fee:** | € 10/event. International payments to bank account:<br>IBAN: SE11 3000 000 0156 6240 7258, SWIFT: NDEASESS<br>(Bank address to be sent on request) |
| **Late entries:** | Late entries will be accepted up until the team leader meeting at the cost of € 40/event. Latre entries will be accepted if heat limitations do not apply. |

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**Withdrawals:**

Withdrawals for prelims and timed finals Wednesday should be made Tuesday 8 pm the lastest. All other days no later than 30 min utes after the end of finals of the previous day. Withdrawals to finals no later than 30 minutes after end of the event in the prelims.

**Accreditation:**

€12/accreditation, all swimmers and team staff need accreditation. Please return form to management@swimopenstockholm.se

**Accommodation:**

We offer full board accommodation at Clarion Stockholm, Quality Globen or Scandic Malmen. Please return form to management@swimopenstockholm.se

**Prize money:**

Prize money in each event is as follows:
First place € 600, Second place € 300, Third place € 100.

The top three female and male performances, (counted on the three best results from FINA´s table) gets prize money:
First place € 10 000
Second place € 7500
Third place € 5000

Total price money for the competition is €80.000

**Tickets:**

€18/day or €55 for all days. Tickets can be ordered and purchased from November at www.swimopenstockholm.se

**Information:**

For further information contact Dennis Fredriksson, +46 708 74 95 03, dennis.fredriksson@svensksimidrott.se

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## Order of events

| March 30 | March 31 | April 1 | April 2 |
|---|---|---|---|
| **PRELIMS** | | | |
| 200m Breast M | 200m Free M | 200 m IM W | 200m IM M |
| 200m Free W | 100m Butterfly W | 100m Free M | 100m Free W |
| 400m Free M | 100m Breast M | 50m Free W | 50m Free M |
| 50m Back W | 400m IM W | 200m Butterfly M | 100m Breast W |
| 200m Back M | 100m Butterfly M | 200m Breast W | 50m Breast M |
| 50m Butterfly W | 100m Back W | 400m IM M | 200m Butterfly W |
| 50m Butterfly M | 50m Back M | 200m Back W | 800m Free M |
| 1500m Free W | 50m Breast W | 100m Back M | 800m Free W |
| | 1500m Free M | 400m Free W | |

The fastest five heats of each event will be swum at the start of the morning session. After completion of all fastest heats, other heats of each event will be conducted in usual order. All heats except the final heat in 800 and 1500 freestyle will be swum at the end of the morning session

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| **A FINALS** | | | |
| 200m Free W | 200m Free M | 200 m IM W | 200m IM M |
| 200m Breast M | 100m Butterfly W | 100m Free M | 100m Free W |
| 50m Back W | 100m Breast M | 50m Free W | 800m Free M (final heat) |
| 400m Free M | 400m IM W | 200m Butterfly M | 100m Breast W |
| 1500m Free W (final heat) | 1500m Free M (final heat) | 200m Breast W | 50m Free M |
| 200m Back M | 100m Back W | 400m IM M | 800m Free W (final heat) |
| 50m Butterfly W | 100m Butterfly M | 200m Back W | 50m Breast M |
| 50m Butterfly M | 50m Breast W | 100m Back M | 200m Butterfly W |
| | 50m Back M | 400m Free W | |

| | | | |
|---|---|---|---|
| **B and C FINALS** | | | |
| 200m Breast M C/B | 200m Free M C/B | 200 m IM W C/B | 200m IM M C/B |
| 200m Free W C/B | 100m Butterfly W C/B | 100m Free M C/B | 100m Free W C/B |
| 400m Free M C/B | 100m Breast M C/B | 50m Free W B/C | 50m Free M C/B |
| 50m Back W C/B | 400m IM W C/B | 200m Butterfly M C/B | 100m Breast C/B |
| 200m Back M C/B | 100m Butterfly M C/B | 200m Breast W C/B | 50m Breast M C/B |
| 50m Butterfly W C/B | 100m Back W C/B | 400m IM M C/B | 200m Butterfly W C/B |
| 50m Butterfly M C/B | 50m Back M C/B | 200m Back W C/B | |
| | 50m Breast W C/B | 100m Back M C/B | |
| | | 400m Free W C/B | |

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## Qualifying times

| | Women | | Men | | Girls 16-17 | | Boys 17-18 | | Girls15 and younger | | Boys 16 and younger | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Events** | **25m** | **50m** | **25m** | **50m** | **25m** | **50m** | **25m** | **50m** | **25m** | **50m** | **25m** | **50m** |
| 50m Freestyle | 27,19 | 28,06 | 24,11 | 25,15 | 27,94 | 28,81 | 25,11 | 26,15 | 28,44 | 29,31 | 25,61 | 26,65 |
| 100m Freestyle | 58,88 | 1:00,52 | 52,38 | 54,43 | 59,80 | 1:01,72 | 53,93 | 55,89 | 1:01,90 | 1:04,29 | 56,79 | 58,99 |
| 200m Freestyle | 2:08,34 | 2:12,28 | 1:55,07 | 2:00,29 | 2:10,35 | 2:14,19 | 1:58,54 | 2:03,00 | 2:15,58 | 2:17,93 | 2:03,78 | 2:08,89 |
| 400m Freestyle | 4:33,18 | 4:41,08 | 4:09,11 | 4:19,52 | 4:36,86 | 4:45,89 | 4:15,12 | 4:25,99 | 4:47,64 | 4:58,28 | 4:29,39 | 4:40,21 |
| 800m Freestyle | 9:11,64 | 9:27,67 | 8:38,53 | 8:49,03 | 9:31,95 | 9:45,33 | 8:38,53 | 8:49,03 | 9:33,96 | 9:45,33 | 8:55,90 | 9:07,08 |
| 1500m Freestyle | 18:09,27 | 18:19,40 | 16:50,27 | 17:15,79 | 18:30,81 | 19:10,84 | 16:50,98 | 17:17,89 | 18:38,80 | 19:19,97 | 17:17,28 | 17:41,84 |
| 50m Breaststroke | 34,60 | 35,57 | 30,72 | 31,88 | 35,35 | 36,32 | 31,72 | 32,88 | 35,85 | 36,82 | 32,22 | 33,38 |
| 100m Breaststroke | 1:14,51 | 1:17,82 | 1:06,73 | 1:10,20 | 1:16,74 | 1:20,12 | 1:08,52 | 1:11,88 | 1:19,56 | 1:23,61 | 1:13,10 | 1:17,07 |
| 200m Breaststroke | 2:42,48 | 2:50,71 | 2:27,52 | 2:35,10 | 2:47,25 | 2:54,10 | 2:30,94 | 2:39,56 | 2:52,05 | 2:56,09 | 2:37,47 | 2:47,99 |
| 50m Backstroke | 30,89 | 32,46 | 27,73 | 29,35 | 31,64 | 33,21 | 28,73 | 30,35 | 32,14 | 33,71 | 29,23 | 30,85 |
| 100m Backstroke | 1:06,22 | 1:09,50 | 59,33 | 1:03,31 | 1:07,67 | 1:11,00 | 1:01,28 | 1:04,87 | 1:10,39 | 1:14,11 | 1:05,65 | 1:09,70 |
| 200m Backstroke | 2:24,22 | 2:31,20 | 2:10,68 | 2:19,70 | 2:27,33 | 2:34,58 | 2:14,45 | 2:22,71 | 2:28,94 | 2:37,42 | 2:19,40 | 2:29,59 |
| 50m Butterfly | 29,40 | 29,81 | 26,37 | 26,90 | 30,15 | 30,56 | 27,37 | 27,90 | 30,65 | 31,06 | 27,87 | 28,40 |
| 100m Butterfly | 1:05,41 | 1:07,13 | 57,95 | 59,96 | 1:06,68 | 1:08,58 | 59,71 | 1:01,82 | 1:10,19 | 1:12,66 | 1:04,38 | 1:06,54 |
| 200m Butterfly | 2:28,86 | 2:33,73 | 2:13,13 | 2:20,47 | 2:32,45 | 2:38,36 | 2:16,63 | 2:23,81 | 2:42,26 | 2:44,85 | 2:26,19 | 2:34,29 |
| 200m IM | 2:25,44 | 2:30,68 | 2:10,97 | 2:16,99 | 2:28,26 | 2:33,45 | 2:14,85 | 2:21,59 | 2:33,30 | 2:39,95 | 2:23,19 | 2:29,16 |
| 400m IM | 5:12,19 | 5:25,68 | 4:45,11 | 5:01,24 | 5:17,01 | 5:31,86 | 4:52,61 | 5:07,29 | 5:21,54 | 5:36,26 | 5:03,49 | 5:20,31 |

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## Accomodation

In cooperation with our partners Scandic och Nordic Choice Hotel we offer attractive full accomodation packages.

### Clarion Hotel Stockholm

A 4 star hotel, two minutes walking from the Eriksdalsbadet. An art inspired hotel with a great service. Servicecenter for the competition is provided.

www.clarionstockholm.com

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|---|---|---|
| Singleroom | € 140/person/night | |
| ~~Double room~~ | ~~€ 105/person/night~~ | Fully booked |
| ~~Triple room~~ | ~~€ 95/person/night~~ | Fully booked |

### Quality Globe Hotel

A 4 star hotel,  20 minutes walking from the Eriksdalsbadet, or just one station with the metro.
New hotel Globe opened in 2014 and offer a great service.  Servicecenter for the competition is provided.

www.nordicchoicehotels.se/quality/quality-hotel-globe

| | |
|---|---|
| Singleroom | € 125/person/night |
| Double room | € 100/person/night |
| Triple room | € 90/person/night |
| Fourbed room | € 80/person/night |

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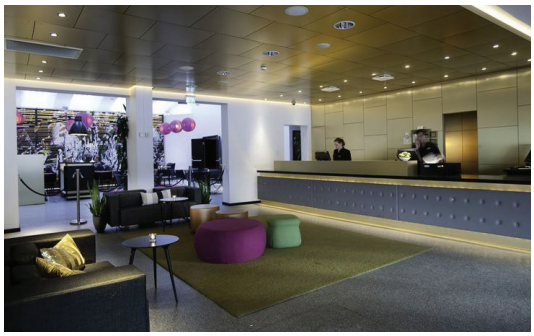
## Scandic Malmen



A 4 star hotel, 15 minutes walking from the Eriksdalsbadet, or just one station with the metro.
The hotel has a luxury lobby and offers great shopping just nearby.

http://www.scandichotels.se/Hotels/Sverige/Stockholm/Scandic-Malmen

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|---|---|
| Singleroom | € 170/person/night |
| Double room | € 110/person/night |
| Triple room | € 95/person/night |

All prices includes full accomodation with buffé for breakfast, lunch and dinner at each hotel.

## Reservation:

Use the preliminary entry form and mail to management@swimopenstockholm.se asap.
There are a limited numbers of rooms at each hotel. At reservation an advance payments of 50% of the cost will be charged by invoice payed latest the 20th of December.
The rest of the payment will be charged by invoice payed latest the 4 of Mars.

## Cancellation policy:

When cancelling before 20th of December 100% of the rooms can be cancelled without charge. When cancellling before 29th of February, 25% of the rooms can be cancelled without charge.

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## Our associates

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